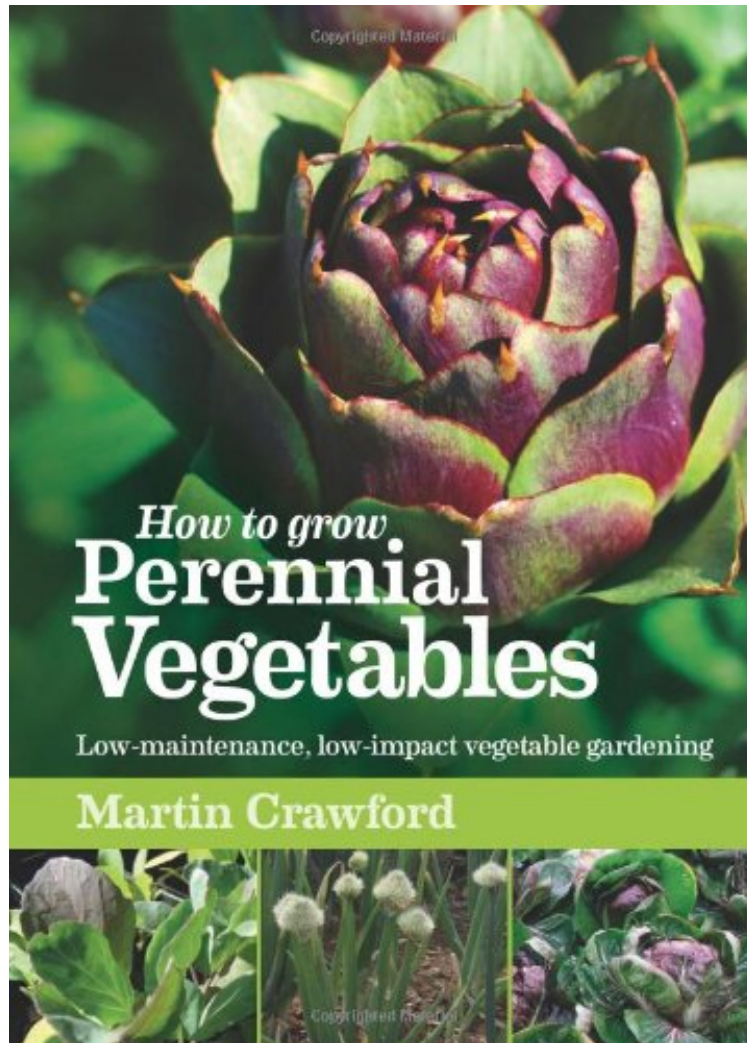


[FREE] How to Grow Perennial Vegetables: Low-maintenance, Low-impact Vegetable Gardening

How to Grow Perennial Vegetables: Low-maintenance, Low-impact Vegetable Gardening

Martin Crawford

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Martin Crawford : How to Grow Perennial Vegetables: Low-maintenance, Low-impact Vegetable Gardening before purchasing it in order to gauge whether or not it would be worth my time, and all praised How to Grow Perennial Vegetables: Low-maintenance, Low-impact Vegetable Gardening:

9 of 9 people found the following review helpful. Known and Lesser Known Perennials In A Nutshell By C. Brenner There is no one book that can tell you how to grow everything, but this book is such a handy reference guide to start with when learning about perennials. I keep it handy. Crawford introduces it with a long section dealing with polyculture, and unless you are already well familiar with permaculture, you will learn a lot. In the A-Z plant section you will come across maybe a hundred plants of varying edibility; quite a few are easy to grow and very tasty. The

author gives a short description of each along with rudimentary growing instructions. He includes zone hardiness information as well. I keep this on my shelf right next to Eric Toensmeir's 'Perennial Vegetables.' 2 of 2 people found the following review helpful. Great resource By Robert Lee Great info...well-balanced between hows, whens, whys, AND whats. Crawford is a dependable source, stewarding the best example of a forest garden in the western world. Perennials are the future! 0 of 0 people found the following review helpful. Awesome book Great information Simple presentation Cool ass By Customer Awesome book Great information Simple presentation Cool ass plants

Perennial vegetables are a joy to grow and require a lot less time and effort than annuals. In this book Martin Crawford gives comprehensive advice on all types of perennial vegetables (edible plants that live longer than three years) including coppiced trees, aquatic plants and edible woodland species. There are many advantages to growing perennial vegetables, for example: they need less tillage than conventionally grown vegetables, so the soil structure is not disturbed in their cultivation and carbon is retained in the soil. They extend the harvesting season, especially in early spring; they are often of more value to beneficial insects than are annual vegetables; many perennial vegetables contain higher levels of mineral nutrients than annuals.