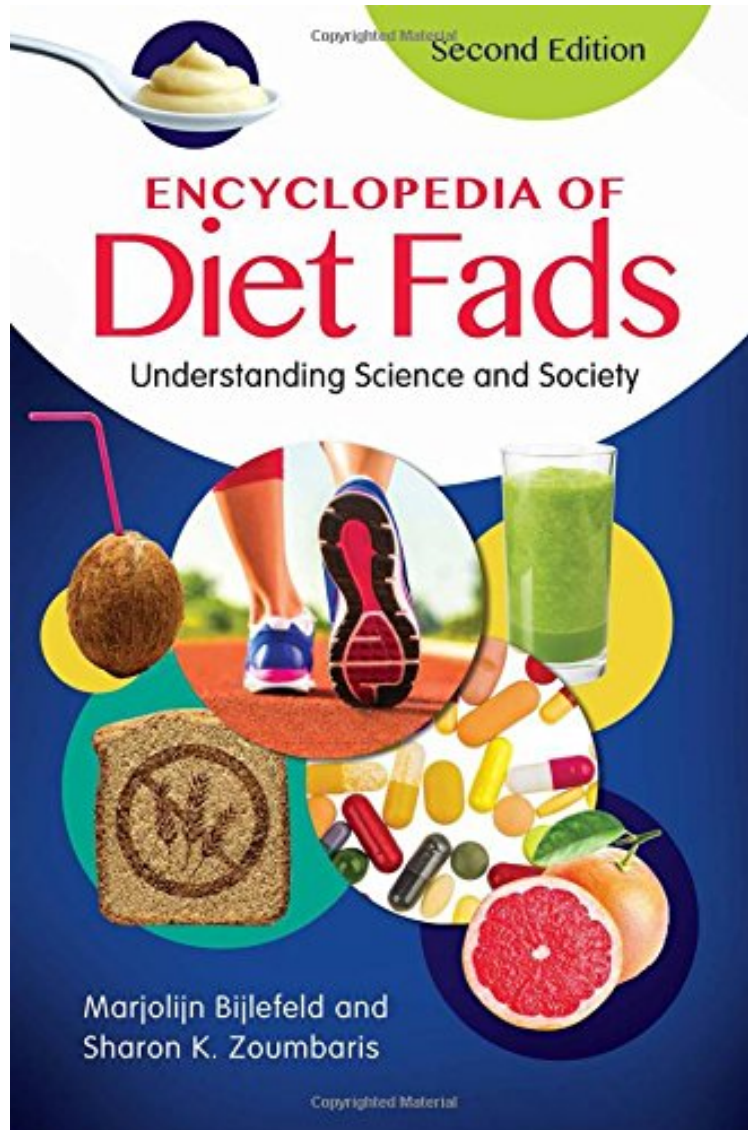


Encyclopedia of Diet Fads: Understanding Science and Society, 2nd Edition

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This updated encyclopedia examines the basics of nutrition and dieting, presenting the important people, concepts, and criticisms involved and examining the pros and cons of different plans. Offers a gateway to further study through helpful appendixes, expanded bibliography, and a listing of web resources Includes a helpful chronology that traces the history of dieting in the United States Introduces a wide variety of weight loss methods Contains information on particular diets, support groups, and weight-loss services

"References like this one may help to distinguish among the plethora of diet cults that have sprung up in the past couple of centuries. . . . This Encyclopedia is recommended . . . for general reference and nutrition collections." - Reference sAbout the AuthorMarjolijn Bijlefeld is a reporter and editor in Fredericksburg, VA. She is the coauthor of Greenwood's Food and You: A Guide to Healthy Habits for Teens.Sharon K. Zoumbaris is a professional librarian and freelance writer/editor. Her published works include ABC-CLIO's Nutrition: Health Medical Issues Today.